

thingswe love

Looking for inspiration? Here are new products, ideas and innovations we've found this month.



SWEET TREAT

Kohu Road sorbet has amazing fruity flavour, minimal fat and it's gluten-free and dairy-free. We love it as a dessert treat with a little fruit, especially the chocolate flavour. **RRP\$19.**
www.kohuroad.co.nz

DRIZZLE DIVINE

Cotterill & Rouse Thai Coriander & Lime Dressing is a 99 per cent oil-free, flavour-packed way to jazz up spring salads. Try it with a big green salad and some grilled fish. **RRP\$6.00.** www.cotterillandrouse.co.nz

FAB FETA

From the 'why didn't someone think of this before?' file comes Bouton d'or reduced-salt feta. Same great taste, less sodium – a win all round. **RRP\$5.80**
www.boutondor.co.nz

WHAT DO YOU LOVE?

We want to feature your favourites, too. Tell us about the products you love using, and we may feature them here. **Email us at editor@healthyfood.co.nz** with 'Things we love' in the subject line.



GLUTEN-FREE GOODIES

Gluten-free crumbed fish is on the menu with Tastes Divine coating mixes. These tasty-flavoured crumbs make coatings and toppings easy and delicious. We like the Hot & Spicy flavour. **\$5.99** www.tastesdivine.co.nz



IMBIBE LESS, ENJOY MORE

Another great idea for health-conscious drinkers. Invivo Wines Bella low-alcohol sauvignon blanc has less alcohol (nine per cent), and therefore fewer kilojoules than standard wine. A useful option just in time for summer. **\$23.00**
www.invivowines.com



'Things we love' is an editorial feature. Inclusion is at the discretion of the editor and is not paid for. If you have products you would like to be considered for this page, please email us at editor@healthyfood.co.nz or courier your product to Unit 21A, 142-160 Beaumont Street, Westhaven, Auckland 1010.